LETTER FROM THE PRESIDENT

We at the NFL Player Care Foundation - our Board of Directors, Officers, Staff and Partners - all are inspired by a common belief that each athlete who contributed to the growth and success of NFL Football deserves to live in comfort, in good health, and with financial stability. Since its inception in 2007, PCF has been inspired by that belief and dedicated itself to promoting improved health and related research, access to available resources, and good will within the former NFL player community.

Through some of its key partnerships, PCF has connected former NFL players to numerous supporting career planning, cardiovascular and mental health, education, financial literacy, substance abuse treatment, and more. While PCF continues to provide life management support resources, financial assistance and state-of-the-art medical screenings, the Foundation’s Board members also recognize the need to evolve as a leader in the crowded space of former player assistance. To expand its programs and services in a way which maximizes the benefits provided, the Foundation enters its 9th year with a newly created sub-committee responsible for strategic planning, improved efficiency, and continued alignment with the Foundation’s values.

In 2015 PCF identified education as a major need and interest among former players. To encourage and facilitate efforts toward degree completion, the Foundation created the PCF Scholarship Program to help cover the costs of their educational pursuits. In its inaugural year, the PCF Scholarship Program supported 15 former NFL players continue their education and contributed to the $2.3 million in total grant assistance provided by PCF in 2015, the most provided in any year to date. Building on the momentum of preceding years, PCF also had its most successful year to date in research, screening 523 former players at ten Healthy Body & Mind Screenings across the country.

Serving a community which boasts such a diverse array of personalities, skill sets, upbringing and aspirations brings with it the opportunity to truly impact lives. Whether by providing the financial assistance to clear an unexpected hurdle, linking a player to mental health resources, or identifying lifesaving health risks through a medical screening, PCF remains on the front line of the challenges faced by former NFL players and takes great pride in improving the lives of those in need of support.

Harold Henderson
President, NFL Player Care Foundation

MISSION:
The NFL Player Care Foundation (PCF) is an independent organization dedicated to helping retired players improve their quality of life. PCF addresses all aspects of life by providing programs and assistance with medical, emotional, financial, social and community issues.

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“For months I would awaken before my family and think how are we going to get through this. What is going to happen if we lose our home, our car, our livelihood and literally my family? We were paying bills every other month and setting up arrangements that we couldn’t meet. We got to the point where we could no longer afford to pay anyone. We were drowning in debt with no way to climb out. Both my wife and I worked, however life has a way to find you in your weakest moments. That day I was scheduled off and went online to see if the NFL had any programs that could assist us. I’m struggling to put into words the help that the NFL Player Care Foundation gave me. This is not only due to the blessing that they have given me but the emotional meaning with the blessing. There are certain moments that change the course of your life. In life, you need just one thing to move you towards the right direction and keep hope alive. Regardless of the circumstances we all need to know that we can believe in hope. That if hope remains then you can continue to take on any challenge. This was one of those moments.”

-Paul Bradford, Cornerback, 1997-2000

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The NFL Player Care Foundation puts numbers on the board. Below are statistics representative of PCF since its inception in September 2007.

**FINANCIAL CONTRIBUTIONS**

$11.4 MILLION

**PLAYERS ASSISTED**

931

**RESEARCH DISTRIBUTION**

$5.9 MILLION

**PLAYERS SCREENED**

4,400

“The NFL Player Care Foundation is an amazing program that truly helped me restructure my life for the better. About four years ago, when I was flat broke, the PCF came to my aid with financial and job resources. I was able to rebrand myself and get my life back on a positive track. The PCF was my saving grace and I thank God every day for their employees and great programs. I’ve seen so many former players do great work to help players better their lives.”

–Marques Ogden, Tackle, 2003-2007
“In 2014 I was diagnosed with kidney cancer. If it wasn’t for a free NFL Player Care Foundation screening, I probably would still be walking around with that mass tumor on my kidney. I got a CT scan on my heart and the CT scan discovered that there was something on my right side. When further testing it was determined that there was a mass on my kidney. At that time, I did not know if it was cancer or not, but the doctor recommended I remove the whole kidney. Once we removed the whole kidney, we found out that it was cancer; that it was in Stage 2. The reason I share this with you is I went all through the medical providers to know that there is some type of assistance out there for all of us. I had one medical bill for $13,000 and I asked myself “how am I going to pay for this” because I wasn’t at a job that provided a fixed salary. There’s always going to be some type of hardship but I just want you to know that you have someone you can call to get help. The NFL Player Care Foundation helped me greatly and I appreciate that because now I’m back on my feet. We’re not worried about being stressed out over all the bills about being in debt. If you have an opportunity if you feel yourself falling in that category give the NFL Player Care Foundation a call so they can help you.”


HEALTHY BODY & MIND SCREENING PROGRAM

Through charitable grants that support research and offer relief to disadvantaged and distressed retired players, the NFL Player Care Foundation (PCF) has enacted a number of programs to improve the quality of life for former players.

In 2015, PCF and the NFL Alumni Association were proud to partner with one of the nation’s premier medical providers - Tulane University School of Medicine - to conduct its Healthy Body & Mind Screening program. Piloted in 2007, the Healthy Body & Mind Screening program is a complimentary national screening program open to all former NFL players and includes cardiovascular and prostate screenings and provides mental health resources and education. NFL Player Care Foundation screenings are offered as part of PCF’s research programs, which help to advance public awareness and scientific understanding of health issues that affect former NFL players.

2015 SCREENING EVENTS:

<table>
<thead>
<tr>
<th>DATE</th>
<th>LOCATION</th>
<th>PARTICIPANTS</th>
<th>AVERAGE YEARS IN LEAGUE</th>
<th>MEAN AGE</th>
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</thead>
<tbody>
<tr>
<td>4/17-18/2015</td>
<td>Ponte Vedra Beach, FL</td>
<td>53</td>
<td>8</td>
<td>50</td>
</tr>
<tr>
<td>5/1/2015</td>
<td>Pittsburgh, PA</td>
<td>33</td>
<td>7</td>
<td>61</td>
</tr>
<tr>
<td>6/6-7/2015</td>
<td>Denver, CO</td>
<td>42</td>
<td>7</td>
<td>56</td>
</tr>
<tr>
<td>7/11/2015</td>
<td>Seattle, WA</td>
<td>44</td>
<td>8</td>
<td>58</td>
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<tr>
<td>8/7-8/2015</td>
<td>Canton, OH</td>
<td>46</td>
<td>9</td>
<td>61</td>
</tr>
<tr>
<td>9/26/2015</td>
<td>Eden Prairie, MN</td>
<td>53</td>
<td>8</td>
<td>59</td>
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<tr>
<td>10/17-19/2015</td>
<td>Dallas, TX</td>
<td>74</td>
<td>6</td>
<td>46</td>
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<tr>
<td>11/6-7/2015</td>
<td>Orange, CA</td>
<td>58</td>
<td>7</td>
<td>56</td>
</tr>
<tr>
<td>12/5/2015</td>
<td>New Orleans, LA</td>
<td>45</td>
<td>7</td>
<td>52</td>
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<tr>
<td>2/4-5/2016</td>
<td>San Francisco, CA</td>
<td>73</td>
<td>7</td>
<td>54</td>
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</table>
I contacted the NFL Player Care Foundation when I needed assistance with extensive, expensive dental work. The Foundation was very responsive to me and my dentists. They let me know what they needed to be submitted to them, and once they received the necessary paperwork, the funds were immediately dispensed to the dentists. These procedures and processes were very necessary for my health. I could not have afforded this procedure without the assistance of the NFL Player Care Foundation. My family and I appreciate the staff and their quick response to my needs.

–Council Rudolph, Defensive End, 1972-1977

FINANCIAL HARDSHIP GRANTS

Through charitable grants from the NFL Foundation and the generous contributions from groups like the NFL Legends Community, the NFL Player Care Foundation continues to expand its programming and financial assistance to former NFL players and their families. Since its first financial hardship grant in 2008, PCF has contributed over $11 million to 931 former NFL players in dire need areas including day to day living expenses, coordinated medical care, substance abuse and mental health resources.

In 2015, PCF created its PCF Scholarship Program as a supplement to The Trust’s successful tuition-based scholarship program. PCF’s scholarship is designed to assist applicants with room and board, school supplies, education-related travel, academic fees, and additional administrative liabilities. In its inaugural year, PCF appropriated $225,000 towards helping former players complete their educational pursuits.

PCF grant applications must adhere to the foundation’s financial and NFL service time eligibility requirements and are considered on a case-by-case basis. Eligible retirees include NFL players with at least one credited season, or two seasons as a practice squad player. Widows and children of deceased former NFL players, who would otherwise be eligible for support, may also apply.
### Fiscal 2015 Assistance: April 1, 2015 – March 31, 2016

- Median Age: 41 Years
- Average Years in League: 4.6 years
- 227 Players Assisted

<table>
<thead>
<tr>
<th>Age Range</th>
<th>Credit 0-2</th>
<th>Credit 3-5</th>
<th>Credit 6-8</th>
<th>Credit 9-11</th>
<th>Credit 12+</th>
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<td>21-30</td>
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<td>1</td>
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<td></td>
<td>5</td>
</tr>
<tr>
<td>Deceased</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>227</td>
</tr>
</tbody>
</table>

**Total**

The unaudited financial information set forth above is preliminary and subject to adjustments and modifications.

### Monthly Breakdown

<table>
<thead>
<tr>
<th>Month/Year</th>
<th>Grant Assistance</th>
<th>Players Assisted</th>
</tr>
</thead>
<tbody>
<tr>
<td>April 2015</td>
<td>$186,098.90</td>
<td>24</td>
</tr>
<tr>
<td>May 2015</td>
<td>$146,052.44</td>
<td>18</td>
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<tr>
<td>June 2015</td>
<td>$144,786.37</td>
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<tr>
<td>July 2015</td>
<td>$156,080.61</td>
<td>17</td>
</tr>
<tr>
<td>August 2015</td>
<td>$172,082.95</td>
<td>19</td>
</tr>
<tr>
<td>September 2015</td>
<td>$175,211.28</td>
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</tr>
<tr>
<td>October 2015</td>
<td>$137,843.24</td>
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</tr>
<tr>
<td>November 2015</td>
<td>$250,842.48</td>
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<tr>
<td>December 2015</td>
<td>$259,679.64</td>
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<tr>
<td>January 2016</td>
<td>$137,252.68</td>
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<tr>
<td>February 2016</td>
<td>$161,156.53</td>
<td>12</td>
</tr>
<tr>
<td>March 2016</td>
<td>$149,956.24</td>
<td>18</td>
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</tbody>
</table>

**Total**

$2,257,043.36 227
The unaudited financial information set forth above is preliminary and subject to adjustments and modifications.
PARTNERSHIPS

NFL LEGENDS COMMUNITY

The NFL Legends Community was launched by the National Football League in July 2013 with the objective to celebrate, educate, embrace, and connect former players with each other, their former teams and the League. There are currently 20 NFL legends living across the country who serve as Legends Community Directors and Coordinators. These Legends played various positions for multiple teams throughout different eras and are passionate about serving their former teammates.

Internally aligned by the NFL league office to ensure collaboration with various departments, the NFL Legends Community does not compete with other alumni associations or programs. The Legends Community hosts hospitality and networking events and communicates monthly through the Legends Community newsletter.

For additional information visit: nfllegendscommunity.com

“Since the NFL Legends Community launched in 2013, the NFL Player Care Foundation has become an integral resource for our Legends community directors across the country. While we continue to celebrate the wonderful accomplishments of our former players in their post-playing careers, the issues facing some within the community remain diverse and intricate. The NFL Player Care Foundation has always instilled these situations with the compassion, attentiveness, and professionalism our former players deserve, and has become one of the marquee organizations dedicated to the community.”

Former NFL Legends Director

PACIFIC WEST
Mack Strong | Dwight Clark | Kwamie Lassiter | Donnie Edwards

CENTRAL NORTH
Chad Pennington | Orlando Pace | John Randle | Marty Moore

CENTRAL SOUTH
Leonard Wheeler | Rocket Ismail | Will Shields | Chester Pitts

NORTHEAST
Ed Reynolds | Tony Richardson | JB Brown | Garry Cobb

SOUTHEAST
Donovan Darius | Mike Rucker | Warrick Dunn | Mark Brunell

SOCIAL MEDIA COORDINATOR
Ahman Green
The National Football League Alumni Association is a non-profit organization comprised mainly of retired National Football League players, coaches, professionals, and Associate members. The focus of NFL Alumni is to serve, assist, and inform players in their post-NFL lives. The Association offers a variety of medical, financial, educational, and social programs to keep members and their families healthy, productive and connected.

With its dual mission of “Caring For Kids” and “Caring For Our Own”, NFL Alumni is an advocate for all former players while also engaging them to give back to their communities by raising funds for youth charities. NFL Alumni members are organized into chapters around the country and with a history going back to 1967, the NFL Alumni’s fundraising efforts typically raise more than $1 million per year for charity.

For additional information visit: nflalumni.org

The mission of the NFL Player Engagement department is to have a positive impact on values and culture, while promoting the personal and professional growth of players and their families before, during, and beyond their NFL experience.

Through its unique series of Academies, Boot Camps and Job Shadow & Internships, NFL PE uses its Prep, Life, Next model to engage with each athlete and family at their most transitional moments.

To help develop relationships with current and former players at the regional level, NFL Player Engagement has trained 16 NFL Transition Coaches who serve as peer counselors, providing guidance as needed in the areas of family, crisis, transition, career, depression, finance and more.

For additional information visit: nflplayerengagement.com

Established in 2014, The Trust is a set of resources, programs and services designed to provide former players with the support, skills and tools to help ensure success off the field and in life after football. Discussions with former NFL players led the NFLPA to aggregate resources committed to a former players’ well-being and creating customized game plans for each transitioning player to meet at his specific point of transition. The Trust provides access to career, medical, nutrition, entrepreneurial and continuing education services through their partnerships and programs.

The Trust strives to empower players to take charge of their health, careers, finances and growth, with each player’s success being the sole measure of our success, individually and collectively. Individual-case managers are assigned to players to help develop an overall game plan, giving that player the best sense of where he is, where he should be and how to achieve their goals.

For additional information visit: playerstrust.com

In 1990, then NFLPA Executive Director Gene Upshaw recognized that the transition from football was very challenging for former players. Dedicated to providing compassion and support through grant assistance and services geared towards former players and their families, the Professional Athletes Foundation (PAF) was founded to strengthen and inspire players as they transitioned from their active NFL careers.

The PAF’s vision is that through the foundation’s support, players and families are able to recover from difficult situations and find stability in life after football. Areas of support include financial assistance, educational support, health care resource, mental health support, addiction counseling, partner, spouse & family counseling, information symposiums, and budget building assistance.

This organization and platform were created for and inspired by the players and their support networks.

For additional information visit: yourpaf.com
The Gridiron Greats Assistance Fund (GGAF) is a non-stock, non-profit 501c3 organization providing financial grants and pro bono medical assistance to retired NFL players in dire need. The organization focuses on the humanitarian side of post-football related issues, which include coordination of social services to retired players who are in need due to a variety of reasons including inadequate disability and/or pensions. The GGAF’s mission is to assist dire need retired NFL players who were pioneers of the game and who have greatly contributed to the NFL’s status as the most popular sport in America. GGAF provides hands-on assistance to retired players and their families deal with hardships they face after football. The services include medical assistance, transportation costs for medical evaluations and surgeries, housing assistance, financial assistance for utilities, medication, and coordination of services for food, automotive payments and childcare. For additional information visit: gridirongreats.org

Tulane University School of Medicine
As one of the nation’s most recognized centers for medical education, Tulane University School of Medicine in New Orleans is a vibrant center for education, research, health care and public service. Tulane University School of Medicine offers several programs designed to assess the health needs and provide world-class medical care to former NFL players. Tulane is a partner in the NFL Player Care Foundation’s Healthy Body and Mind Screening program, offering former NFL players cardiovascular and prostate screenings and mental health resources and education. Tulane is also one of five healthcare centers in the Neurological Care Program for retired players. Tulane staff in neurology, physical medicine and rehabilitation, psychology and speech therapy offers players comprehensive evaluations of brain and spinal function along with individually tailored treatment plans. For additional information visit: tulane.edu

Eisenhower Center
Established in 1993, Eisenhower Center is a neuro residential neuro-rehabilitation facility headquartered in Ann Arbor, Michigan. Starting with its clients, Eisenhower Center has grown to over 150 residents and offers extensive outpatient and vocational programs at its two campuses. Expertise in behavioral programming, substance abuse prevention, and veteran programming has established national attention for excellent care standards and significant clinical results for the most challenging cases. Eisenhower Center has focused After the Impact on men and women recovering from physical, emotional, and neurological injuries acquired during participation in professional sports and military service. This transitional, residential treatment program works with motivated individuals to gain awareness of their strengths and weaknesses and apply them to short and long-term goals. Pairing the two industries together in an intense treatment program has proven positive results not only in presenting deficit areas but in overall performance level for recovery. Its interdisciplinary team works together seamlessly to identify deficits and appropriate treatment methods to overcome behavioral challenges, cognitive issues and medical complications. For additional information visit: eisenhowercenter.com
NATIONAL FOOTBALL LEAGUE FOUNDATION

The NFL Foundation is the league’s nonprofit organization representing the 32 NFL clubs. Its mission is to support the health, safety and wellness of athletes, youth football and the communities which support our game.

Through its generous grants benefiting the NFL Player Care Foundation, the NFL Foundation has strengthened its support of former NFL players in transition while also contributing to important research components through the Healthy Body & Mind Screening Program.

In addition, the NFL Foundation supports NFL clubs, players and coaches in their efforts to share the love they have for the game with children across the country. Through its philanthropic arm, the foundation provides grants for youth and high school football programs and works alongside several non-profit organizations to promote physical activity and healthy environments for children in their schools and homes.

For additional information visit: nflfoundation.org

NFL LIFE LINE

In 2012, the National Football League provided a grant to establish the NFL Life Line for members of the NFL family — current and former NFL players, coaches, team and league staff, and their family members who may be in crisis.

The NFL Life Line’s hotline and online chat is a free, confidential, and independently operated resource that connects those in crisis with trained counselors who can help them work through any personal or emotional challenges. Both services are available 24 hours a day, 7 days a week, 365 days a year by calling (800) 506-0078 or chatting online at NFLLifeLine.org.

For additional information, visit NFLLifeLine.org or contact NFL Life Line Director Dr. Ciara Dockery at cdockery@mhaofnyc.org
Derick Anderson - PCF Board Appointee

Dr. Derick Anderson is a licensed psychologist who has been in practice for two decades using the South Florida area as his base of operations. He is an internationally recognized authority in several specialty areas. Common amongst the diverse areas of Dr. Anderson’s expertise is his ability to work with populations with interests and needs that are highly specialized and often problematic. His ability to quickly assess organizational and human resource problems and develop a strategy to increase organizational effectiveness was a talent valued by entities such the Army Corps of Engineers, Aetna Health, MBNA, American Express and many other Fortune 500 companies. Dr. Anderson also currently serves as a psychologist with the New York Mets, the Florida Panthers and is a consultant to the National Basketball Association.

Dr. Anderson has served on the NFL Player Care Foundation’s Board of Directors since 2014.

Mary Agee - PCF Board Appointee

Mary is the President and CEO of Northern Virginia Family Service (NVFS), the largest private non-profit human service organization in Northern Virginia, serving over 36,000 individuals and families each year. Mary brings her social services expertise to PCF and is pleased to share her experiences and guide PCF in helping former players. She has been with NVFS for nearly 40 years.

Mary has served on the NFL Player Care Foundation’s Board of Directors since 2009.
GEORGE C. BRANCHE III, MD - PCF Board Appointee

George C. Branche III, M.D. is an Orthopaedic Surgeon specializing in sports medicine and arthroscopic surgery at the Anderson Orthopaedic Clinic. He is a fellow of the American Academy of Orthopaedic Surgeons and the Arthroscopy Association of North America, with involvement as a Master Instructor and member of the Healthcare Policy Committee. He is also a member of the faculty of Georgetown University and Walter Reed Army Medical Center. Current affiliations include the ATP and WTA Professional Tennis Tours and the USSTA Pro Circuit Committee. His surgical practice is focused on arthroscopy of the knee and shoulder in current and retired athletes.

Dr. Branche has served on the NFL Player Care Foundation’s Board of Directors since 2014.

ANDRE COLLINS - NFL Players Association Appointee

Andre played in the NFL for 10 years including starting in Super Bowl XXVI for the Washington Redskins. He currently serves as Executive Director of the NFLPA’s Professional Athletes Foundation, providing assistance to players and their families in a time of need. He is responsible for managing a team that services the League’s former players, creating a sense of community, compassion and opportunity. Andre’s personal experiences after leaving the game and a desire to give former players a better quality of life is his driving force on the board.

Andre has served on the NFL Player Care Foundation’s Board of Directors since the Foundation’s inception in 2007.

WILLIE LANIER - Professional Football Hall of Fame Appointee

Willie played in the NFL for the Kansas City Chiefs for 11 seasons. He is a member of the Pro Football Hall of Fame and was elected to eight consecutive Pro Bowls, among many other distinctions. His favorite NFL moment was being a part of the Chiefs’ only Super Bowl-winning team in 1970. Willie’s goal as a board member is to help former players, but also to raise awareness about the many issues of transition for current players. He is currently the President of The Lanier Group, an acquisition firm in Richmond, VA.

Willie has served on the NFL Player Care Foundation’s Board of Directors since the Foundation’s inception in 2007.

OZZIE NEWSOME - National Football League Appointee

Ozzie played in the NFL for 13 seasons and is a member of the Pro Football Hall of Fame. He has spent an additional 26 years holding various executive positions in the NFL. Since 2002 he has been the General Manager of the Baltimore Ravens, the first African-American to occupy this position in League history. Ozzie has experienced many great NFL moments, but it is the day to day, being in touch with the players that he most enjoys. His PCF board position gives him the opportunity to help the many great men who paved the way for today’s game.

Ozzie has served on the NFL Player Care Foundation’s Board of Directors since the Foundation’s inception in 2007.
Ken Scherer - PCF Board Appointee
Ken has served on the NFL Player Care Foundation’s Board of Directors since 2015.

Roman Oben - NFL Alumni Association Appointee
Roman Oben joined the NFL in 2015 and currently serves as the Senior Director of Strategy and Development - Youth Football, where he drives the league’s football strategy on kids ages 6-18. Oben’s professional playing career began with the New York Giants in 1996 and continued in Cleveland, Tampa Bay and San Diego. Following his 12 year NFL career, Oben had an extensive media career covering the Giants on TV and Radio. Oben has been a leader and advocate for youth sports enrichment, receiving countless awards for community service both on and off the field.

Harold R. Henderson - President
Harold R. Henderson served as NFL Executive Vice President for Labor Relations and Chairman of the NFL Management Council Executive Committee for sixteen years. In 2007 Mr. Henderson focused on Player Development programs, drug, alcohol, steroid and conduct policies, and benefits for current and former players. He has been President of the NFL Player Care Foundation since its creation, and continued in that role after his retirement from the NFL in 2012.

Belinda Lerner - Executive Director
Belinda Lerner is the Executive Director for the NFL Player Care Foundation and Vice President of NFL Alumni Affairs and Retired Player Programs. In her role as Executive Director, she is responsible for directing all the Foundation’s operations including grant distribution and managing charitable partnerships and programs. As Vice President, she represents the NFL in a variety of matters focusing primarily on player disabilities and health and wellness programming. Ms. Lerner was the first female attorney to be employed by the NFL when she was hired in July 1993 to work in the NFL Management Council. In her 23 years with the NFL, she has served as its first compliance officer, first diversity council chair, and helped conceptually many of the NFL’s current development programs.

Dennis Curran - Secretary/Treasurer
Dennis Curran is the Senior Vice President of Policy for the National Football League and has been employed by the NFL dealing with player benefit matters since 1993. He has been the principal NFL negotiator of all collectively bargained benefits, including those dealing with temporary and permanent disabilities, neurocognitive deficits and dementia. He is proud of the current collective bargaining benefit structure which has evolved and expanded to provide post-career help to players in multiple stages throughout their retirement.

Dana Lihan - Foundation Director
Dana Lihan is currently the Foundation Director of the NFL Player Care Foundation. In this role Dana provides direction on all PCF programs including player case management, career transition, financial assistance and health & wellness. Additionally, Dana works closely with all 32 NFL clubs in executing PCF’s Healthy Body & Mind Screening Program. Prior to joining PCF Dana directed the activities of the NFL Alumni’s Dire Need Charitable Trust, and since 2000 has worked as a Certified Child Advocate with the Guardian ad Litem Program, which provides legal support for abused, abandoned and neglected children in foster care.

Officers

Ken Scherer - PCF Board Appointee
Ken is the CEO of the Motion Picture and Television Fund Foundation (MPTF), the leading Hollywood charity providing health and social services to more than 60,000 people in the entertainment industry. He has held the position of CEO for the past 20 years and oversees the marketing and fundraising for MPTF. Ken has been a leader and advocate for youth sports enrichment, receiving countless awards for community service both on and off the field.

Roman Oben - NFL Alumni Association Appointee
Roman Oben joined the NFL in 2015 and currently serves as the Senior Director of Strategy and Development - Youth Football, where he drives the league’s football strategy on kids ages 6-18. Oben’s professional playing career began with the New York Giants in 1996 and continued in Cleveland, Tampa Bay and San Diego. Following his 12 year NFL career, Oben had an extensive media career covering the Giants on TV and Radio. Oben has been a leader and advocate for youth sports enrichment, receiving countless awards for community service both on and off the field.

Harold R. Henderson - President
Harold R. Henderson served as NFL Executive Vice President for Labor Relations and Chairman of the NFL Management Council Executive Committee for sixteen years. In 2007 Mr. Henderson focused on Player Development programs, drug, alcohol, steroid and conduct policies, and benefits for current and former players. He has been President of the NFL Player Care Foundation since its creation, and continued in that role after his retirement from the NFL in 2012.

Belinda Lerner - Executive Director
Belinda Lerner is the Executive Director for the NFL Player Care Foundation and Vice President of NFL Alumni Affairs and Retired Player Programs. In her role as Executive Director, she is responsible for directing all the Foundation’s operations including grant distribution and managing charitable partnerships and programs. As Vice President, she represents the NFL in a variety of matters focusing primarily on player disabilities and health and wellness programming. Ms. Lerner was the first female attorney to be employed by the NFL when she was hired in July 1993 to work in the NFL Management Council. In her 23 years with the NFL, she has served as its first compliance officer, first diversity council chair, and helped conceptually many of the NFL’s current development programs.

Board of Directors

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Dennis Curran - Secretary/Treasurer
Dennis Curran is the Senior Vice President of Policy for the National Football League and has been employed by the NFL dealing with player benefit matters since 1993. He has been the principal NFL negotiator of all collectively bargained benefits, including those dealing with temporary and permanent disabilities, neurocognitive deficits and dementia. He is proud of the current collective bargaining benefit structure which has evolved and expanded to provide post-career help to players in multiple stages throughout their retirement.

Dana Lihan - Foundation Director
Dana Lihan is currently the Foundation Director of the NFL Player Care Foundation. In this role Dana provides direction on all PCF programs including player case management, career transition, financial assistance and health & wellness. Additionally, Dana works closely with all 32 NFL clubs in executing PCF’s Healthy Body & Mind Screening Program. Prior to joining PCF Dana directed the activities of the NFL Alumni’s Dire Need Charitable Trust, and since 2000 has worked as a Certified Child Advocate with the Guardian ad Litem Program, which provides legal support for abused, abandoned and neglected children in foster care.
Andrew Jo - Foundation Manager
Andrew Jo is currently the Manager of Retired Player Programs at the National Football League. In this role, Andrew manages incoming player cases for the NFL Player Care Foundation and provides support to retired NFL players in the areas of financial assistance, health and wellness, and NFL benefits. Andrew had previously worked with the NFL's Community Affairs department coordinating community outreach events and youth football grants for the NFL Foundation. Prior to his work at the NFL, Andrew was a Peace Corps Volunteer in the Republic of Zambia where he worked alongside the Zambian Ministry of Education on strengthening its radio education and open & distance learning initiatives.

Jason Cantor - Foundation Coordinator
Jason Cantor works as the Foundation Coordinator of the NFL Player Care Foundation. In this role, Jason manages incoming player cases for the NFL Player Care Foundation and provides support to retired NFL players in the areas of financial assistance, health and wellness, and NFL benefits. In 2015, Jason introduced the NFL Player Care Foundation Scholarship to help retired players pursue further education. Prior to his time with the PCF, Jason worked on the philanthropic and volunteer initiatives of the 2014 NY/NJ Super Bowl Host Committee, New Jersey Nets, New York Jets, Intuit Talent Marketing Agency, Rutgers Football, and The Baseball Assistance Team at Major League Baseball.

Nate Recknagel - Mental Health Specialist
Nate Recknagel is a Mental Health Specialist for the NFL Player Care Foundation. Nate’s current and prior experience as a clinical social worker allows him to effectively serve as a liaison between former players and social service providers, with the goal of satisfying the emotional, financial, health, employment, and all other needs of former players. Additionally, Nate serves as a mental health clinician in the Psychiatric ER at University of Michigan Hospital. Prior to becoming a social worker, Nate played baseball at the University of Michigan and with the Cleveland Indians organization.